From dependency to empowerment.
ECOALES-Uniterres

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A better health for youth from obesity to sustainability

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Outline of presentation

- Context
- Objectives
- Territories and recipients
- Intervention strategy
- Assessment
- Partnerships
- Conclusion
• Health social inequalities and food access.

• Supplying sources of food aid.

• Link between agriculture and food aid.
Objectives

• Promotion of healthy food habits.

• Support to the peasant agricultural development.

• Promotion of sustainable food system for food aid.
Territories and recipients

• **Territories:**
  - Poitou-Charentes Region: begin in January 2012
  - Aquitaine Region: begin in June 2012
  - Midi Pyrénées Region: begin in May 2013
  - Bretagne Région: begin in June 2015

• **Recipients:**
  - People in situation of precariousness (10,470 recipients per week).
  - Peasant (138).
  - Intervention partners and developers.
Intervention strategy

- Organizing an innovative food supplying mode
- Participative actions of food empowerment.
- Economical support and technical accompaniment of local producers
Multidisciplinary assessment

Three constituents:

- Impact in terms of public health.
- Impact in terms of rural development.
- Impact in terms of public policies.

For axe 1 and 2, assessment had been performed along three stages (t0, t1 and t2): before the action, during the action and after the action.
Conclusion

To analyze the relationship between the development of a sustainable food production system and the subsequent expected improvement of populations’ food habits.

Assess the impact of this link upon both the reduction of health inequalities and local development.

This means that concerns about economy, ecology and public health could be addressed simultaneously.