

**II Mediterranean Symposium**  
**April, 16. San Lorenzo de El Escorial**

**A better health for youth from obesity to sustainability**

**From dependency to  
empowerment.**  
**ECOALES-Uniterres**

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# Outline of presentation

- **Context**
  - **Objectives**
  - **Territories and recipients**
  - **Intervention strategy**
  - **Assessment**
  - **Partnerships**
  - **Conclusion**
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# Context

- **Health social inequalities and food access.**
  - **Supplying sources of food aid.**
  - **Link between agriculture and food aid.**
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# Objectives

- **Promotion of healthy food habits.**
  - **Support to the peasant agricultural development.**
  - **Promotion of sustainable food system for food aid.**
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# Territories and recipients

- **Territories:**

- ✓ Poitou-Charentes Region: begin in january 2012
- ✓ Aquitaine Region: begin in june 2012
- ✓ Midi Pyrénées Region: begin in mai 2013
- ✓ Bretagne Région : begin in june 2015

- **Recipients:**

- ✓ People in situation of precariousness (10 470 recipients per week).
  - ✓ Peasant (138).
  - ✓ Intervention partners and developers.
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# Intervention strategy

- **Organizing an innovative food supplying mode**



- **Participative actions of food empowerment.**



- **Economical support and technical accompaniment of local producers**



## Multidisciplinary assesment

### Three constituents :

- ✓ Impact in term of public health.
- ✓ Impact in term of rural development.
- ✓ Impact in term of public policies.

**For axe 1 and 2, assesment had been performed along three stages (t0, t1 and t2): before the action, during the action and after the action.**

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# Conclusion

**To analyze the relationship between the development of a sustainable food production system and the subsequent expected improvement of populations' food habits.**

**Assess the impact of this link upon both the reduction of health inequalities and local development.**

**This means that concerns about economy, ecology and public health could be addressed simultaneously.**

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**Courgettes**  
 La Kg  
 UNITAIRES :  
 1,000 €  
 PRIX DE VENTE :  
 0,300 €



**Epinards**  
 La Kg  
 UNITAIRES :  
 2,000 €  
 PRIX DE VENTE :  
 0,500 €




**Radis**  
 La botte  
 UNITAIRES :  
 0,700 €  
 PRIX DE VENTE :  
 0,210 €




**Blettes**  
 La botte  
 UNITAIRES :  
 1,500 €  
 PRIX DE VENTE :  
 0,450 €




**Fruits & Légumes**  
 Agriculture raisonnée  
 UNITAIRES :  
 1,500 €  
 PRIX DE VENTE :  
 0,300 €

**Aubergine**  
 La Kg  
 UNITAIRES :  
 1,500 €  
 PRIX DE VENTE :  
 0,300 €




**Pommes**  
 La Kg  
 UNITAIRES :  
 1 €  
 PRIX DE VENTE :  
 0,300 €



Voici l'insecticide  
 des prod



Consommer Bio,  
 c'est voir plus loin





**Fraises**  
 200 g  
 UNITAIRES :  
 1,700 €  
 PRIX DE VENTE :  
 0,300 €

